

# HOW FOOTBALL INFLUENCES SOCIETY

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## 1. Introduction

Football is the most popular and practiced sport in every continent, some take it as a hobby, and others are dedicated to being a great professional football player, some of them are admired by almost everyone and are seen like an example to follow .

The importance of football is that it serves us all for many things, one of the most important is to exercise. This sport has helped children and youngsters to improve their lives and it enjoys lots of people all around the world.

## 2. Objectives:

### 2.1 General Objective:

To let people know about the social impact football has all around the world, make people know that football is not just a sport, it can change people's personality and their life.

### 2.2 Specific objectives:

- To inform about the history of football, where it started and how it became popular.
- To show that in our country are several foundations that help kids get out of violence.
- To show statistics about football , one explaining which sport is the more recognized worldwide, and the second shows the best teams around the world.

## 3. How football began?

The history of football is quite ancient. It can be traced back to 1004 B.C in Japan where people used to kick a ball around on a small field. But a lot of references agree that China is the birthplace of “kicking the ball”. Documentary evidence reveals that an organized activity resembling football transpired during the 2nd century BC in the reign of the Han Dynasty. Chinese military soldier used to play this game during their free time. The Chinese kicked a leather ball and it is known with certainty that a football game was played in 611 A.D. in the then Japanese capital, Kyoto. In the history of football, Romans and Greeks also played a game somewhat similar to modern football.

The teams during those times consisted of up to 27 players. However, Britain is undoubtedly the place from which the modern football came into existence. In fact, the game caught the frenzy of the masses from the beginning of the 8th century. Football has always been termed as Football in Britain. Scotland and Britain together share the credit for being the co founder of the organized sport. In earlier times, historians were only keen to keep record of events like wars and religious movement and have less interest in preserving records of football. Thus, nobody knows how football seems to have spread from Asia to Europe.

The game of football became popular in England during 1800s. In the football history, a record of the evolution of football in England reveal that Eton College had the earliest known rules of the game in 1815. Moreover, order gradually came to the game, and standardized rules called as the Cambridge rules were adopted by England's major colleges. Later, football was divided into two separated games - those who followed the Cambridge rules and those who followed the rules lay down by the Rugby school. The Rugby school allowed shoving, tripping, shin kicking and using hands while handling the ball.

The Football Association was founded in October 26th, 1863, and this association set single fundamental rules that would governed the football matches. However,

the Rugby school disagrees with the outcome and they split from the Football Association on December 8th, 1863, where the Rugby Football and The Football Association parted ways. The Football Association laid down strict rules in 1869, which discouraged any kind of handling of the ball. This laid down the norm of the basic rule of Football that is the essence of the modern game. In 1885, the professional way of playing the football was legalized by The Football Association, paving an eventful landmark in the history of football. Football is played with a lot of passion and enthusiasm.



4. What is football?

Football has long been the most popular sport on the planet, it has 3.5 billion fans more than ever before, it is now truly the world's game. The game of football is built around the pursuit of scoring goals. Teams move the the ball up and down the field in an attempt to kick it within the goal, a framework that measures 8 feet in height and 24 feet in width at the professional level. The player guarding the goal, the goalkeeper, is the only player on a team typically allowed to touch the ball with his hands. Except during a throw-in, the other players must use their feet, knees, head and chest to control and advance the ball. A regulation game is played in two 45-minute halves.



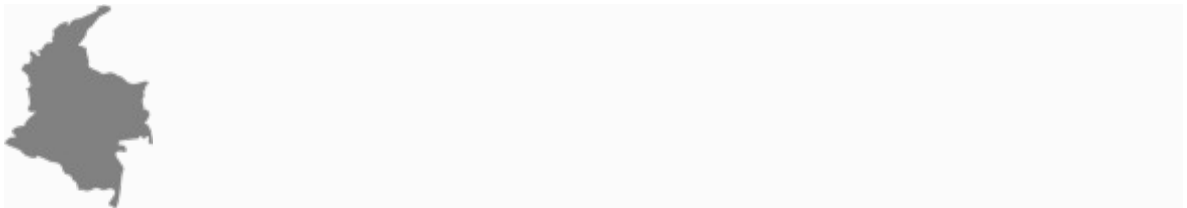
Ranking	Sport	Estimated Number of Fans (Worldwide – As of Dec. 2014)
1	Soccer	3.5 BILLION
2	Cricket	2.5 BILLION
3	Field Hockey	2.0 BILLION
4	Tennis	1.0 BILLION
5	Volleyball	900 Million
6	Table Tennis	850 Million
7	Baseball	500 Million
8	Golf	450 Million
9	Basketball	400 Million
10	American Football	400 Million

5. How does football influence Colombian society?

In Colombia there are several social foundations like “Colombia somos todos”, “Futbol con corazón” and “Social alliance” that employ football to help children and teenagers (boys and girls) to make good decisions, “Futbol con corazón” that has reached 40 communities and impacted more than 4.000 children’s lives all around Colombia. They go around the country teaching how to develop skills and values through football.

When a child has an opportunity to develop his potential, this can change his and his communities life. Soccer has the power of inspiring, motivating and uniting societies; it has the ability of teaching teamwork, resilience and selfsteem. Soccer’s language is easy to understand.

“Futbol con corazón” objective is to help children get out of violence, drugs and stay away from trouble.



Violence is the main cause of death between people from 15 to 29 years old.

Realities and risks:

- Free time
- Lack of guidance
- Violence
- Gangs
- Prostitution
- Drug traffic
- Drugs and alcohol



## FOOTBALL BUILDS



- Confidence
- Selfsteem
- Solidarity
- Teamwork
- Tolerance
- Resilience

For children in vulnerable areas, football can change everything:

The model of intervention “Educando para la vida” goes from how to get into the community, the process of intervention and to get the results

Pedagogy and social model

It consists in the design of ludic exercises and experiences of knowledge, where children can aquire skills for life and give a new meaning to values in its context.

This way they can become agents of social change inside the environment they live in.

These are the values and skills for life that kids develop.

### SOCIAL SKILLS

- Respect for others
- Assertive communication
- Cooperation
- Empathy

### COGNITIVE SKILLS

- Good decision taking
- Self, flexible and creative thinking
- Problem resolution
- Self knowledge



### EMOTIONAL SKILLS

- Selfsteem
- Emotional control

- Self confidence
- To manage stress

## VALUES

1. Respect
2. Honesty
3. Tolerance
4. Solidarity

6. Can football help young people get more engaged in community initiatives?

Yes

Since 2012, the “Young Football Volunteers: Sport and Volunteering for millennium development goals” project has been proving this theory by discovering hundreds of enthusiastic and proactive rural boys and girls who are implementing their own focused projects.

Aimed at addressing young people’s vulnerability to the accelerating HIV epidemic and to social exclusion in Ukraine, the “Young Football Volunteers” project has brought together resources from the United Nations Office on Sport for Development and Peace, United Nations Development Programme in Ukraine , and United Nations Volunteers Programme to support youth development. The initiative has been developed and implemented in partnership with the Ministry of Youth and Sports of Ukraine, Football Federation of Ukraine, and The German Society for International Cooperation, all within the framework of the social programme “Youth of Ukraine” and the state project “Let’s Do it Together.” The project actively contributes towards achieving the Millennium Development Goals, with a particular effort in achieving Goal 6 (combat HIV, malaria and other diseases).

The project utilizes the unique synergy of strategies for youth development first applied in the oblasts of Kherson and Mykolaiv, and Autonomous Republic of Crimea. It uses football as an enabler to promote social cohesion, strengthen civil society and improve young people's physical and social health in the project's pilot districts. It aims to engage young people aged 12 to 20 (with a minimum of 40% girls) living in the rural areas of the oblasts of Kherson, Mykolayiv and the AR Crimea in active and effective participation in decisions regarding their health and the life of their community.

In order to achieve the project's long-term goals, the YFV activities were structured to make the process of rural youth empowerment effective and sustainable. First, the project trained teachers and football coaches to utilize "youth development through football" and "Fair Play" methodology on HIV/AIDS, violence prevention, and gender-equality in school settings. Fifteen certified trainers from the pilot districts have already extended their knowledge to 340 school teachers in the regions through 28 cascading master classes. Then the trained school teachers conducted Fair Play classes and local sport-for-development events, including football tournaments and awareness-raising campaigns for and in cooperation with local youth. These efforts have so far reached out to over 1284 young people in three regions.

## 7. Ranking of the best football teams

	Team	Country	Points
1	Barcelona	Spain	157.605
2	Bayern Munich	Germany	146.922
3	Chelsea	England	137.592
4	Real Madrid	Spain	136.605
5	Manchester United	England	130.592
6	Arsenal	England	113.592
7	Inter Milan	Italy	105.829
8	Porto	Portugal	104.833
9	Benfica	Potugal	102.833
10	Valencia	Spain	102.605

## 8. Conclusions

1. Football can change mentality of children in bad situations like, familiar, economic, social, etc. It has the capacity to change the way of life of the kid like getting new friends, it can help to get out of addictions like drugs or alcoholism.
2. It has had several changes through the history, since they have 27 players and today with 22, modern football started in Britain but it really began in Japan.
3. Football is about respect and the rivalities appear due to the fans that create tension between the teams, but they are of much help because they give moral to the players and they are inspired in every single match.
4. In the graphic we show the 10 better teams in the world due to the points of each team, and in the other graphic we demonstrate that football was the sport more recognized worldwide due to the estimate number of fans (3.5 billions)

a. Cyberbiographies

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2. <http://www.fcc.futbol/>
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